

CB-BK WE1 2026: Session: 1: COACH evaluation sheet for TEAM: MHN

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: LEVEQUE Justine

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M FREESTYLE WOMEN 13-14					Heat:3, starttime: 08:36
Heat: 3/14 Lane : 7 Athlete: RUSTIN MAUDE					Q-time: 02:26:47
PB (50m pool): 02:27.46 Charleroi 01/05/2026					PB (25m pool): 02:40.44 SB: 02:27.46 Charleroi 01/05/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.50	01:11.93	01:49.92	02:27.46	
	00:34.50	00:37.43	00:37.99	00:37.54	
					

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 13-14					Heat:12, starttime: 09:02
Heat: 12/14 Lane : 6 Athlete: COTAN BIANCA					Q-time: 02:19:65
PB (50m pool): 02:21.37 La Louvière 07/06/2026					PB (25m pool): 02:21.46 SB: 02:21.37 La Louvière 07/06/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.38	01:08.65	01:45.70	02:21.37	
	00:32.38	00:36.27	00:37.05	00:35.67	
					

Coach feedback:

Event number: 2: 200M BACKSTROKE MEN 13-14					Heat:9, starttime: 09:41
Heat: 9/11 Lane : 8 Athlete: DUCARME LUCA					Q-time: 02:32:90
PB (50m pool): 02:36.12 La Louvière 07/06/2026					PB (25m pool): 02:33.02 SB: 02:36.12 La Louvière 07/06/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.57	01:17.73	01:57.48	02:36.12	
	00:37.57	00:40.16	00:39.75	00:38.64	
					

Coach feedback:

CB-BK WE1 2026: Session: 1: COACH evaluation sheet for TEAM: MHN

Event number: 2: 200M BACKSTROKE MEN 13-14					Heat:10, starttime: 09:44
Heat: 10/11 Lane : 3 Athlete: DEHOUST NOLANN					Q-time: 02:28:90
PB (50m pool): 02:34.61 Charleroi 24/05/2026					PB (25m pool): 02:38.65 SB: 02:34.61 Charleroi 24/05/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.08	01:15.01	01:55.65	02:34.61	
	00:36.08	00:38.93	00:40.64	00:38.96	
					

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11-12					Heat:6, starttime: 10:10
Heat: 6/20 Lane : 6 Athlete: EL KACEM EL ALAOUI INÈS					Q-time: 03:09:65
PB (50m pool): 03:14.05 La Louvière 07/06/2026					PB (25m pool): 03:15.88 SB: 03:14.05 La Louvière 07/06/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:47.28	01:36.61	02:32.41	03:14.05	
	00:47.28	00:49.33	00:55.80	00:41.64	
					

Coach feedback:

Event number: 5: 100M BUTTERFLY WOMEN 13-14					Heat:3, starttime: 11:35
Heat: 3/6 Lane : 2 Athlete: ADAM EMILY					Q-time: 01:13:46
PB (50m pool): 01:15.18 Charleroi 01/05/2026					PB (25m pool): 01:22.43 SB: 01:15.18 Charleroi 01/05/2026
	5 0 M	1 0 0 M			
PB	00:35.59	01:15.18			
	00:35.59	00:39.59			
					

Coach feedback:

Event number: 6: 400M MEDLEY MEN 13-14							Heat:4, starttime: 12:02	
Heat: 4/8 Lane : 2 Athlete: DEHOUST NOLANN							Q-time: 05:38:93	
PB (50m pool): 05:45.02 MOUSCRON 25/05/2026			PB (25m pool): 06:23.46SB: 05:45.02 MOUSCRON 25/05/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:36.99	01:20.62	02:03.47	02:43.60	03:38.05	04:29.47	05:09.03	05:45.02
	00:36.99	00:43.63	00:42.85	00:40.13	00:54.45	00:51.42	00:39.56	00:35.99
								

Coach feedback:

CB-BK WE1 2026: Session: 1: COACH evaluation sheet for TEAM: MHN

Event number: 6: 400M MEDLEY MEN 13-14							Heat:5, starttime: 12:08	
Heat: 5/8 Lane : 3 Athlete: DEUGENIO ANDREA							Q-time: 05:33:26	
PB (50m pool): 05:40.61 La Louvière 08/02/2026				PB (25m pool): 06:10.71SB: 05:40.61 La Louvière 08/02/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:36.64	01:20.23	02:04.06	02:47.15	03:34.45	04:23.66	05:04.64	05:40.61
	00:36.64	00:43.59	00:43.83	00:43.09	00:47.30	00:49.21	00:40.98	00:35.97
								

Coach feedback:

Event number: 8: 4x100M MEDLEY MIXED 13-14							Heat:4, starttime: 13:09	
Heat: 4/4 Lane : 8 Athlete: TEAM MHN 1							Q-time: 04:48:63	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: